

MPS Return to Athletic Activity

Start date: June 15, 2020

We will continue to monitor and follow regulations, guidelines, and recommendations from the State of Michigan and Michigan High School Athletic Association.

- Coaches will adhere to standards established by the MHSAA and NFHS in the following documents and subsequent updates.
 - [MHSAA Summer Guidance Update #2 \(6/9/20\)](#)
 - [MHSAA Summer Guidance Update #1 \(6/2/20\)](#):
 - [MHSAA/NFHS Re-Opening Guidance \(5/29/20\)](#)
- MPS facilities are open to MPS students & staff and are open to non-school affiliated youth teams consisting of MPS students if they adhere to MPS health standards and permission is granted. Groups consisting of non-MPS students will not be permitted unless rental agreements are completed through MPS maintenance i.e. Special Olympics.
- Athletes have been less active this spring. Initial activities (first 1-2 weeks), should be on conditioning, strength, and heat acclimatization.
- Screening
 - Coaches will be issued an infrared thermometer and screening documents.
 - All coaches and athletes will be screened each day prior to any activity - this information will be recorded on the [COVID-19 Athlete/Coach Monitoring Form](#): and will be turned in to the Athletic office each day at the conclusion of activities.
Please note: This is confidential health information and is protected under FERPA
 - Anyone who is not cleared through the screening process is to go home and must then be cleared through their MD/DO/NP/PA before returning to activity.
 - If positive for COVID19, we contact Health Department and share appropriate contact tracing information
- Site Protocol
 - No more than 100 people at a site - within sight/sound of other groups
 - Coaches will coordinate space use with the Athletic Director
 - Locker rooms and common dugout/bench areas are not open
 - Students will work in groups of 10 or less. Please keep your 'pods' together to minimize exposure.
 - The following are guidelines for numbers of individuals at each site (assuming they are working in pods of 10 or less):
 - Practice Football spaces - 40
 - Softball fields - 20
 - Baseball fields - 20
 - City Forest (XC) - 40 (staggered starts)

- Soccer Field - 20
 - Tennis - No more than four on a court
 - Off campus locations not indicated here should be cleared with athletic department
(Stadium and MPS Tennis Courts are currently closed for construction)
- Restrooms may be used as long as they are properly cleaned and social distancing is practiced. Coaches will be responsible to inform students of the prescribed restroom for their activity area.
- The gymnasium may be used only in an emergency weather event.
- Safety
 - Everyone washes hands prior to participation
 - Hand sanitizer and wipes will be provided
 - Social distancing standards are to be followed
 - Equipment will be sanitized intermittently during workouts
 - Stagger your groups to allow for groups leaving/next group arriving (30 minutes should suffice). Be sure to consider parking.
 - Inclement weather - depends on site; do not send kids to share cars
 - Individuals bring their own water bottles and cannot be shared.
 - Masks are encouraged
- Travel
 - MPS teams are not allowed to travel to regions where there are fewer restrictions for competitions.
- For any coach to work with our students (paid/volunteer), they must attend training on our procedures for Conducting Athletic Activities During CoVid 19 Pandemic.'
- Parents will receive an email informing them of our plans, and asking them to make sure their student does not attend any workouts if they are ill or have had contact with anyone positive for CoVid19. In addition, they will be reminded of:
 - On site screening procedures
 - Students must bring their own water bottle
 - Students should go straight home to shower after workouts
 - All summer sessions are optional and will not be factored into team selection.